



Volleyball England Talent Pathway U18 Selection Day

We are excited to share the details for the upcoming **U18 Selection Day**, an important step within the Volleyball England Talent Pathway. This event provides an opportunity for athletes to demonstrate their technical ability, tactical understanding, and physical potential within an England style training environment.

The Selection Day welcomes athletes who are **not yet part of the Talent Pathway**, offering them the chance to experience high quality coaching and assessment.

Throughout the day, both boys' and girls' groups will take part in on court training sessions, structured physical testing, and education activities designed to support their development and assess their potential as a U18 England Athlete.

The Selection Day will take place at The Netball Centre, Loughborough University, LE11 3TS.

Friday 3rd April	Arrival Time	Departure Time
U18 Women	Registration 9am- 9.30am	4.30pm
U18 Men	Registration 10.30 am- 11am	6.30pm

Who Should Attend

We are primarily seeking applications from athletes born in **2010 and 2011**, and we may also consider exceptionally promising athletes born in **2012**. There will be future opportunity for athletes born 2012 to be selected for one of four [Talent Zones](#) in July.

To take part, athletes should:

- Be a British citizen and hold a British passport (or be able to provide suitable alternative proof if a passport is not available).
- Be committed to training at least twice a week with a club.
- Be able to attend training camps and competitions at weekends and during school holidays.
- Be willing and able to travel internationally for training and competitions.
- Have an active [VolleyZone account](#)

Depending on the demand applications will be pre-screened by U18 Head Coaches and only.

Next Steps

1. Complete the online [nomination form](#) here by Sunday 15th March.

2. We will be sending out invitations and the Athlete Information Pack on Thursday 19th March. The pack will include everything you need to know about the day, including what to bring, so you will be all set and ready to go.
3. Confirm you wish to accept your place and make payment on VolleyZone by Sunday 29th March.

Parents/Carers

Parents and carers are invited to meet Volleyball England staff from 12–1pm to learn more about the programme and athlete expectations. Further details will be provided in the information pack.

Who are we looking for?

We are seeking athletes with the potential to compete for England. The physical profiling data below provides an indication of the typical attributes of recent England Pathway athletes and can help you understand how you compare. These figures are guidelines only. If you demonstrate exceptional technical ability, tactical understanding, or mental skills, we strongly encourage you to nominate yourself, even if you do not meet every physical benchmark.

Women

Height:	Average – 174.9cm	Smallest – 162cm	Tallest – 190.5cm
Spike Reach:	Average – 279.4cm	Lower – 264cm	Higher – 299cm
Block Reach:	Average – 265.5cm	Lower – 249cm	Higher – 288cm
Spike Jump:	Average – 49.2cm	Lower – 40cm	Higher – 66cm
Block Jump:	Average – 38.6cm	Lower – 28cm	Higher – 52cm

Men

Height:	Average – 184.4cm	Smallest – 169.6cm	Tallest – 200cm
Spike Reach:	Average – 312.8 cm	Lower – 288 cm	Higher – 332 cm
Block Reach:	Average – 291.1 cm	Lower – 259 cm	Higher – 314 cm
Spike Jump:	Average – 69.2 cm	Lower – 40 cm	Higher – 82 cm
Block Jump:	Average – 50.6 cm	Lower – 41cm	Higher – 62 cm

Yours sincerely,



Gillian Harrison

Strategic Manager, Volleyball for Life