

## WHAT IS THE HEVO PROGRAMME?



The Higher Education Volleyball Officer (HEVO) Programme is a volunteer initiative that sees students take up official ambassador roles and deliver recreational volleyball at their university during the academic year, with support from Volleyball England.

# **ROLE OF A HEVO**

Attend the HEVO Conference for induction training in September. This event is comprised of practical and theory sessions, along with plenty of opportunity to network and get to know the fellow HEVOs and Senior HEVOs.

Deliver weekly recreational volleyball sessions for the academic year at their university. This is a great way to develop coaching skills and motivate others.

Organise at least one tournament, mass participation volleyball event and/or inclusive participation event (grant funding to be used to aid this), and complete termly data reports to Volleyball England.

The official Role Description can be found <u>here</u>.

### **ATTRIBUTES OF A HEVO**

- Motivates and inspires other students
- Excellent communication skills
- Passionate about developing sport
- Good organisational skills
- Friendly and approachable
- The volleyball voice at university
- IT and social media literate
- Can work independently and as a team
- Keen to learn



# WHY THE PROGRAMME IS SO POPULAR?

Student Experience

Health and wellbeing

- 9/10 rating of fun by students when scoring the HEVO Programme
- 38% of students went on to represent their University
- 36% of students stated that a break and having fun with friends was their main motivation for participating

- 10% of students stated that a break from studying was their main motivation for participating
- 1-2 Hours per week is the average time spent playing volleyball as part of the programme
- 20% of students stated that keeping fit was their main motivation for participating

#### **Reaching the less active**

- 25% of students had never played volleyball
- 55% international students including 95 different nationalities
- 56% of students in the programme are female

### WHAT STUDENTS SAY ABOUT THE PROGRAMME

"The coaches were absolutely amazing- super friendly and funny. Alongside the valuable advice, they made it very enjoyable too."

#### "I personally enjoyed the sense of not being alone, of building a community and having people who can support you"

"It helped me improve my social and leadership skills and ability to lead a session."



# PERKS OF THE PROGRAMME

Employability

- 85% of HEVOs felt they developed a professional skill set through being part of the programme.
- Enhanced CV and improvement in transferable skills

Training

- Students are inducted into the role through the heavily subsidised HEVO Conference.

- Students will complete a number of practical and theoretical workshops, including how to organise tournaments, beach volleyball, & sitting volleyball workshops.

-Students will also receive a range of CPD resources and have the opportunity to attend additional workshops and catch-ups with their regional HEVOs and Senior HEVO.

- Networking opportunities

- Eligibility for the Volleyball England Annual Awards



# PERKS OF THE PROGRAMME



#### **Grant Funding**

A grant of \$300 for new universities and \$200 for returning universities is awarded to each university involved in the programme to help support their volleyball development.

This funding will be transferred in 2 separate chunks to the university on completion of the SLA and after the conference. The first part will be sent shortly after the conference, and the second part after Volleyball England have received the Term 2 reports in March.

#### **Snapshot Reporting**

Volleyball England will provide universities with a snapshot report throughout the year once we receive the reporting documents to help you understand your activity levels and help you work towards the university targets as set out in the SLA.

#### Courses

Discounted course places for each university.

2x free Grade 4 Referee course places (RRP £75) OR £150 discount for an Assistant Coach Award course place.

### **HEVO CONFERENCE**

Thursday 12th September & Friday 13th September 2024. National Volleyball Centre, Kettering.

#### **Transport & Accommodation**

Transport to and from the venue and accommodation is to be confirmed but will be supplied unless stated otherwise.

#### Kit

All HEVOs will receive a HEVO-branded Errea hoodie and t-shirt in a size of your choice. In 2023, HEVOs rated the kit 4.6/5 and the RRP is €70

#### Training

HEVOs will participate in both practical & theoretical workshops, specifically designed to provide them with the necessary tools required for the role.

#### Food & Drink

Lunch & a hot dinner will be provided on the Thursday with breakfast and lunch on the Friday. Cold refreshments will be provided throughout the conference.

### **ADDITIONAL INFOMATION**

#### Insurance

All clubs who are part of the HEVO Programme need to be affiliated to Volleyball England. This means you will be covered by Volleyball England's insurance for any recognised activity.

#### Anti-doping

Any individual who participates in recognised volleyball activity by Volleyball England is subject to UK Anti-Doping Rules for a minimum of 12 months from the commencement of membership or attendance at an event, in accordance with the Volleyball England Anti-Doping policy. This still applies if you are not a citizen of, or resident in, the UK.

# STEPS FOR STUDENTS TO JOIN THE PROGRAMME

- Contact your sport department about the programme and contact us if you require additional information. Read the role description <u>here</u>.
- 2. Complete the student online application <u>form</u>, please note that this includes information we need from you to attend the conference so please take some time to complete this fully. The deadline is Monday 26th August 2024.
- 3. Please note that your university will also need to complete the university application <u>form</u> to secure your place. Volleyball England will send a welcome email with information on how to make the payment via VolleyZone once your application AND the university's application has been received.
- 4. Liaise with your university lead to make travel arrangements to attend the HEVO Conference. All other arrangements including a room for Thursday night, the food and transport will be made by Volleyball England.
- 5. Attend the HEVO Conference on Thursday 12th & Friday 13th September 2024. Volleyball England will send out a welcome pack with all the conference information 2 weeks before the conference & what to expect from the 2 days.
- 6. Run weekly recreational sessions during the academic year and record weekly attendance. Run a mass participation event during the academic year. Volleyball England will send out reporting reminders per term to both universities and students.



# STEPS FOR UNIVERSITIES TO JOIN THE PROGRAMME

- 1. Recruit one or more students to become your HEVO(s) who have the attributes identified on page 4 and in the role description.
- Complete the university online application <u>form</u>, please note you will need your university finance details to complete the form. The deadline is Monday 26th August 2024.
- 3. Volleyball England will send a welcome email with information on how to make the payment if paying via VolleyZone once both the university's application AND student(s)'s application has been received. Please make payment via VolleyZone or raise a PO for us to invoice you.
- 4. Liaise with the student(s) to make travel arrangements for them to attend the HEVO Conference. All other arrangements will be made by Volleyball England.
- 5. Volleyball England will send out a welcome pack with all the conference information 2 weeks before the conference & what to expect from the 2 days.
- 6. Ensure that your HEVO(s) have at least a one hour weekly slot in your sports hall for the weekly recreational sessions, and support for a mass participation event. Volleyball England will send out reporting reminders per term to both universities and students.



### **PAYMENT AND INSURANCE**

The conference fee is heavily subsidised to £120 for your first HEVO place, additional places are £260 each.

Please make payment using VolleyZone. Details of how to make the payment will be sent in the welcome to the programme email you will receive once both the student & university have signed up.

If payment cannot be made via <u>VolleyZone</u>, there is a 10% admin charge for invoices.

The university must maintain appropriate and adequate insurance which covers such liabilities as may arise in the delivery of this programme. Insurance can be obtained through affiliation to Volleyball England.



### **CONTACT DETAILS**

Volleyball England

General inquiries : hevo@volleyballengland.org : 01509 974700

Laura Allcoat- Strategic Manager : l.allcoat@volleyballengland.org : 01509 974706

**Regional Chairs** 

Please feel free to get in touch with your regional chairs. If you are looking to enter community leagues, offer coaching or refereeing in your local area or access local support, they will be able to help.

Eastern - Lewis Fenech: lewisfenech@yahoo.com

East Midlands - Paul Kaerger: paul.kaerger@ntlworld.com

London - Gary Beckford: gary@volleyfirst.com

North West - Kevin Sousa: kevinsousa.yyz@gmail.com

South East - John Biddiscombe : jcbvolley@gmail.com

South West - Dave Reece : dave.reece@network100.co.uk

West Midlands - Kara Griffiths: karagriffiths@outlook.com

Yorkshire - Doug Lawson: dynamodoug\_bvc@yahoo.co.uk