



VOLLEYBALL ENGLAND FIRST AID AND SAFEGUARDING REQUIREMENTS

To successfully achieve the Volleyball England Club Coach Award (L2) (or higher) you must have valid First Aid and Safeguarding certificates. This document has the criteria to achieving the correct awards.

FIRST AID CRITERIA

Volleyball England requires learners to have a valid First Aid Qualification at the time of Level 2 certification.

The minimum awards accepted are:

- An Emergency First Aid at Work (EFAW) course, at Level 3 standard, with a minimum of 6 guided learning hours
- The St John Ambulance Basic Sports First Aid
- The Red Cross First Aid for Sports

You can gain an Emergency First Aid at Work (EFAW) qualification by completing a course:

- delivered by The British Red Cross. You can search for courses [HERE](#)
- delivered by St John's Ambulance. You can search for courses [HERE](#)
- Your local county sports/active activity partnership often host courses You can find your partnership [HERE](#)

The course content must include all of the elements listed in Appendix 6 of the 2013 edition of First Aid at Work.

Upon completion of training, successful candidates should be able to understand the role of the first aider, including reference to:

- the importance of preventing cross-infection;
- the need for recording incidents and actions;
- use of available equipment;
- assess the situation and circumstances in order to act safely, promptly and effectively in an emergency;
- administer first aid to a casualty who is unconscious (including seizure);



- administer cardiopulmonary resuscitation and use of an automated external defibrillator;
- administer first aid to a casualty who is choking;
- administer first aid to a casualty who is wounded and bleeding;
- administer first aid to a casualty who is suffering from shock;
- provide appropriate first aid for minor injuries (including small cuts, grazes and bruises, minor burns and scalds, small splinters)

Certificates must contain the following information to be accepted:

- Training Organisation name;
- Title of the Qualification (e.g. EFAW)
- Reference to the Health and Safety (First Aid) Regulations 1981
- Date Of Issue
- Confirmation that the certificate is valid for three years
- Regulated by OFQUAL or endorsed by the FAIB (unless delivered by The British Red Cross or St John's Ambulance)
- Qualification code/number (unless delivered by The British Red Cross or St John's Ambulance)

The following awards are not deemed acceptable for the Volleyball England Coach (L2) qualification (or higher). Please note that this list is not exhaustive, and if you are unsure if an award you intend to complete meets the requirements detailed in this document, please contact coaching@volleyballengland.org

First Aid for Teachers, Anaphylaxis Training, Paediatric First Aid, Defibrillator Training, Adrenaline Auto-Injection Training, Emergency Aid, UK Coaching Sudden Cardiac Arrest Digital Toolkit.

SAFEGUARDING CRITERIA

Volleyball England requires every coach to have a valid safeguarding qualification to complete their Club Coach Award.

From 1 April 2025, any coach renewing their safeguarding training must complete the Volleyball England Safeguarding Children and Adults in Volleyball course. After this



date, Volleyball England will not accept safeguarding certificates from any other organisation, including those from education, health or care sectors.

If safeguarding training was completed before 1 April 2025, Volleyball England will only accept it if the course was approved by CIMSPA (the Chartered Institute for the Management of Sport and Physical Activity). This means the training must meet the CIMSPA Professional Standards for Safeguarding and Protecting Children and or Safeguarding Adults and Adults at Risk including the essential knowledge and skills required for minimum deployment in the sector.

Details of safeguarding training endorsed by CIMSPA against the Safeguarding and Protecting Children Professional Standard can be found [here](#) –

The following awards are not accepted for the Volleyball England Coach Award: UK Coaching Safe to Practice, Protecting Yourself and Others, Welfare Officer Training: Time to Listen.

This list is not complete, so if you are unsure whether a course meets the requirements, please contact coaching@volleyballengland.org.

Please note: Volleyball England will not accept liability nor reimburse costs for learners undertaking courses that do not meet the requirements outlined in this document.

VOLLEYBALL ENGLAND INSURANCE

Coaches [registered with Volleyball England](#) benefit from £10m Public liability insurance cover for all coaching activities, providing they have valid First Aid and Safeguarding and Protecting Children certificates.